

Workshop Sign-Up

- Wednesday, February 22 @ Oakton Community College, Skokie, IL
- Wednesday, March 21 @ Northern Illinois University, Naperville, IL
- Thursday, May 3 @ Trinity International University, Deerfield, IL

Participant information (please print clearly):

First Name _____ Last Name _____

School _____

Grade Level Notebook: **Circle only one** 3-5 6-8 9-12

Address _____

City _____ State _____ Zip _____

Daytime Phone _____

E-mail _____

Payment Information: Program fee is \$225.00, which includes breakfast, lunch and **one** Executive Functions **Curriculum Notebook**.

Registration ends 2 weeks prior to each workshop

Check (Make check payable to Rush NeuroBehavioral Center and enclose with this form)

Credit Card Choose VISA or MasterCard

Name (as it appears on credit card)

Credit Card Number

Expiration Date: Month _____ Year _____

Signature _____

Return this form by mail to: 4711 W. Golf Rd., Suite 1100, Skokie, IL 60076; or fax to 847-933-0874. For more information, phone: 847-763-7933, email cgonley@rush.edu or visit our web site: www.rnbc.org.



Executive Functions Teacher Workshop

*for Educators in Elementary,
Middle and High Schools*



Multiple Dates & Locations

(See sign-up for selections)

Space is Limited



Workshop Objectives

This workshop features an activity-based approach to:

- Increase awareness of neurological framework for Executive Functions (EF)
- Acquire knowledge about the RNBC EF Curriculum *included in workshop fee*
- Develop everyday teaching practices utilizing EF skills in the classroom

Workshop Agenda

Morning Schedule

Registration 8:15-8:45 AM
Morning Session 8:45-12:00 PM

Introduction to Executive Functions, presenting both the neurological framework perspective and an overview of the RNBC EF Program.

Focus on the foundational components of the curriculum classroom structure, management of materials and time.

Afternoon Schedule

Lunch 12:00-12:45 PM
Afternoon Session 12:45-3:45 PM

Focus on the study strategies unit: following directions, memory, note-taking and test preparation.

Explore personal growth units: learning strengths, goal setting, and decision making.

Workshop Benefits

A few of the many benefits of this professional development opportunity are:

- The EF School Curriculum is compatible with RTI provisions, Tiers 1 and 2;
- Students who performed well in the EF Curriculum have a higher rate of homework completion and earned higher grades;
- Students who demonstrated greater adherence to the EF Curriculum throughout the school year performed significantly better on reading achievement tests.

Workshop Staff

Georgia Bozeday, Ed.D.

Director of Educational Services

Dr. Bozeday, recently retired Assistant Superintendent from Sunset Ridge School, provided oversight for the District Executive Function Program. Dr. Bozeday's dissertation centered on the study of constructing and implementing a curriculum for social behavior. Georgia earned her B.S. from Northwestern University and her Ed.D from National-Louis University.



Michael Smith, B.S.

Educational Specialist

Mr. Smith specializes in implementing middle school Executive Function programs and is developing the Executive Functions Student Handbook series. Previously, Michael created and maintained the Theatre Arts Program and Curriculum at North Lawndale College Prep Charter School. Mr. Smith earned his B.S. from Skidmore College.



CPDU Credit

CPDU credit will be provided by Oakton Community College as an approved Professional Development Provider through the Illinois State Board of Education. Provider No. 10186. (6CPDUs)

Social Workers: 6 clock hours. Oakton Community College/Alliance for Lifelong Learning/Continuing Education for Health Professionals has been approved as a sponsor of continuing education for licensed social workers by the State of Illinois, Department of Financial and Professional Regulation Sponsor license number 159-000167.

What are Executive Function Skills?

Executive Functions are cognitive processes that allow people to plan, organize, make decisions, pay attention, and regulate behavior.

All of us use Executive Function skills to solve problems and evaluate the decisions we make. Executive Function skills are often acquired as part of natural social and mental development through home and school interactions. However, these skills are underdeveloped in many children and there is a need for more formal and organized instruction.

This program can help make teachers and school administrators more aware of the issues that some of their children face and give them the tools they need to make a difference, so that students can focus on important tasks, make better decisions, and be more successful and confident in their schoolwork, which can very often lead to greater success at home and in peer relationships as well. Development of the skills listed below are essential for success in school and later life.

Organizational Skills

- Planning
- Adaptability
- Time Management
- Motivation
- Self-Monitoring
- Attention Maintenance

Higher-Order Learning Skills

- Goal Setting
- Sequencing
- Abstract Thinking
- Reasoning
- Decision Making
- Problem Solving

Feedback from workshop participants...

- Great materials & engaging speakers
- I would recommend this to anyone in our field
- One of the best one day seminars I have attended
- Helpful information I can't wait to share with my team & use with my students
- Love the lesson plans & great hands on activities

Rush NeuroBehavioral Center Background

Founded in 1997, part of Rush University Medical Center, Rush NeuroBehavioral Center brings together professionals from multiple disciplines, including research, clinical services, and education, to understand, assess, and treat children with social-emotional and other neurobehavioral learning issues.

RNBC serves the medical, psychological, and educational needs of children, teens, and young adults with brain-based learning and behavioral challenges, and helps them build on their strengths to achieve their full potential.



Who Should Attend This Workshop?

Classroom and subject-area teachers of grade levels 3-12, special education teachers, school psychologists and social workers, school principals, and other interested administrators.

**RUSH NEUROBEHAVIORAL CENTER**
*Building on the strengths of
children, teens, and young adults*