

## **Patient Education at RNBC**

In fulfillment of our mission to serve the medical, psychological, and educational needs of children with neurobehavioral issues, clinicians at RNBC make patient education a priority. The more parents understand about their child's strengths, challenges, and diagnosis, the more empowered they are to build on the child's strengths and create the optimal environment for the child to be successful.

### *Assessment Report*

RNBC clinicians pride themselves on their thorough and specialized assessment reports for each patient. In addition to a clinical summary and diagnoses, our clinicians also devote extensive sections of the report to recommendations, suggested reading and additional resources to further assist parents in supporting the social, emotional, and educational development of their children. At the request of you, the parent(s), reports can also be tailored for a child's teacher(s) to review.

### *Feedback Sessions*

Every assessment at RNBC is followed by a feedback session for you, the parents, and sometimes for your child when it is developmentally-appropriate. These sessions allow your family and clinician to review the report together and provides an opportunity to ask questions and discuss recommendations and available resources in detail. RNBC will also participate in school feedback meetings when deemed appropriate and approved by you.

### *Psychotherapy*

Children and families who receive psychotherapy services at RNBC can expect to learn how to use strengths as tools to work around their challenges, gain a greater understanding of themselves, and acquire new strategies. Our clinicians work collaboratively with others who help your child and family. They ensure that this is a dynamic and ongoing learning process for each of you.

### *Psychopharmacology Services*

It may be determined by you and your child's clinician that medication is the best course of treatment for your child. If this is the case, you will be referred to Meryl Lipton, PhD, MD, our Behavioral Pediatric Neurologist. Dr. Lipton will work closely with you, your child, and your child's clinician to make sure that the best medication for your child's needs is prescribed. She will also work to ensure that you understand your child's diagnosis, course of treatment, and information about the prescribed medication.

### *Library Series*

As an extension of our patient education offerings, the RNBC Outreach Department hosts a Library Series every school year geared toward parents and teachers. Clinicians and other RNBC professionals present on topics relating to neurobehavioral disorders in children, and often provide or suggest resources to attendees. Presentations are held six times per school year and will be held at the Lincoln Park Library during the 2010-2011 school year. Please contact Cate Gonley via email to [cgonley@rush.edu](mailto:cgonley@rush.edu) for more information.

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## RUSH NEUROBEHAVIORAL CENTER

*Patient Education, cont'd...*

### *Website*

Over the past year, RNBC has launched a new website that is more user-friendly. We are currently working on implementing a Parent Resource section of the website. Please visit [www.RNBC.org](http://www.RNBC.org) for updates, and sign up for our monthly e-newsletter, *RNBC Online*, by clicking “Sign up for emails” in the upper right-hand corner of the page.