



RUSH NEUROBEHAVIORAL CENTER

presents

Executive Functions Teacher Workshop

*for Educators in Elementary,
Middle and High Schools*



Two Dates — Two Locations

Tuesday, February 23, 2010

Oakton Community College
7701 Lincoln Avenue, Skokie, Illinois

Thursday, April 29, 2010

Oakton Community College
1600 East Golf Road, Des Plaines, Illinois

 RUSH UNIVERSITY
MEDICAL CENTER

Workshop Objectives

This workshop features an activity-based approach to:

- Increase awareness of neurological framework for Executive Functions
- Acquire knowledge about the RNBC Executive Functions Program
- Develop everyday teaching practices utilizing Executive Function skills in the classroom

Workshop Agenda

Morning Schedule

Registration 8:15-8:45 AM
Morning Session 8:45-12:00 PM

Introduction to Executive Functions, presenting both the neurological framework perspective and an overview of the RNBC Executive Functions Program.

Focus on the foundational components of the program: classroom structure, management of materials and time.

Afternoon Schedule

Lunch 12:00-12:45 PM
Afternoon Session 12:45-3:45 PM

Focus on the study strategies unit: following directions, memory, note-taking and test preparation.

Explore personal growth units: learning strengths, goal setting, and decision making.

CPDU Credit

CPDU credit will be provided by Oakton Community College as an approved Professional Development Provider through the Illinois State Board of Education. Provider No. 10186. (6CPDUs)

Workshop Staff

Georgia Bozeday, Ed.D.

Director of Educational Services

Dr. Bozeday, recently retired Assistant Superintendent from Sunset Ridge School, provided oversight for the District Executive Function Program. Dr. Bozeday's dissertation centered on the study of constructing and implementing a curriculum for social behavior. Georgia earned her B.S. from Northwestern University and her Ed.D from National-Louis University.



Sarah Minton, M.A.T.

Educational Specialist

Mrs. Minton facilitates implementation of the Executive Functions curriculum within the classroom setting in area schools, and tutors students in the development of Executive Functions skills in one-on-one tutoring sessions. Previously, Mrs. Minton taught the second grade in Chicago's Wrightwood/Auburn neighborhood. Sarah earned her B.S. from Washington University in St. Louis and her M.A.T. from Dominican University.



Michael Smith, B.S.

Educational Specialist

Mr. Smith specializes in implementing middle school Executive Function programs and

is developing the Executive Functions Student Handbook series. Previously, Michael created and maintained the Theatre Arts Program and Curriculum at North Lawndale College Prep Charter School. Mr. Smith earned his B.S. from Skidmore College.



What are Executive Function Skills?

Executive Functions are cognitive processes that allow people to plan, organize, make decisions, pay attention, and regulate behavior.

All of us use Executive Function skills to solve problems and evaluate the decisions we make. Executive Function skills are often acquired as part of natural social and mental development through home and school interactions. However, these skills are underdeveloped in many children and there is a need for more formal and organized instruction.

This program can help make teachers and school administrators more aware of the issues that some of their children face and give them the tools they need to make a difference, so that students can focus on important tasks, make better decisions, and be more successful and confident in their schoolwork, which can very often lead to greater success at home and in peer relationships as well. Development of the skills listed below are essential for success in school and later life.

Organizational Skills

- Planning
- Adaptability
- Time Management
- Motivation
- Self-Monitoring
- Attention Maintenance

Higher-Order Learning Skills

- Goal Setting
- Sequencing
- Abstract Thinking
- Reasoning
- Decision Making
- Problem Solving

Rush NeuroBehavioral Center Background

Founded in 1997, part of Rush University Medical Center, Rush NeuroBehavioral Center brings together professionals from multiple disciplines, including research, clinical services, and education, to understand, assess, and treat children with social-emotional and other neurobehavioral learning issues.

RNBC serves the medical, psychological, and educational needs of children, teens, and young adults with brain-based learning and behavioral challenges, and helps them build on their strengths to achieve their full potential.



Who Should Attend This Workshop?

Classroom and subject-area teachers of grade levels 3-12, special education teachers, school psychologists and social workers, school principals, and other interested administrators.



RUSH NEUROBEHAVIORAL CENTER

*Building on the strengths of
children, teens, and young adults*

Workshop Sign-Up

Please select a date and location

- February 23, 2010, at Oakton Community College, 7701 Lincoln Avenue, Skokie, IL. **Registration ends February 10, 2010.**
- April 29, 2010 at Oakton Community College, 1600 East Golf Road, Des Plaines, IL. **Registration ends April 14, 2010.**

Participant information (please print clearly):

First Name _____ Last Name _____

School _____ Grade Level Notebook (circle one) 3-5 6-8 9-12

Address _____

City _____ State _____ Zip _____

Daytime Phone _____

E-mail _____

Payment information: Program fee is \$185.00, which includes breakfast, lunch, and **one Executive Functions Curriculum Notebook.**

Space is limited.

- Check (Make check payable to Rush NeuroBehavioral Center and enclose with this form)
- Credit Card Choose VISA or MasterCard

Name (as it appears on credit card)

Credit Card Number

Expiration Date: Month _____ Year _____

Signature _____

Return this form by mail to: 4711 W. Golf Rd., Suite 1100, Skokie, IL 60076; or fax to 847-933-0874. For more information, phone: 847-763-7933, email cgonley@rush.edu or visit our web site: www.rnbc.org.